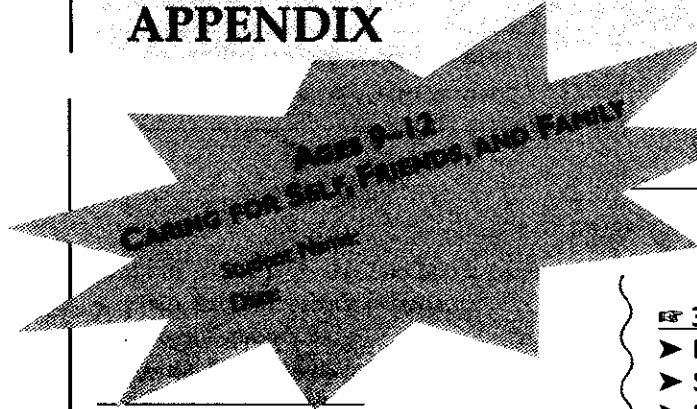


APPENDIX

Activity-Based Assessment Inventory for Ages 9–12



Teachers: Ask students these questions for each activity: How do you do this? When? Where? Is this something you want to change? Feel free to check, circle, or underline. Make notes everywhere!

BEING A FRIEND

1. INITIATING AND MAINTAINING RELATIONSHIPS

- Meeting and making friends
- Helping friends with projects or chores
- Helping friends learn new things
- Helping friends solve problems
- Having a pen pal
- Including a variety of friends in activities

2. COMMUNICATING WITH FRIENDS

- Phoning friends
- Writing letters
- Sending friends e-mail messages

Which ones do you want to begin doing or do more?

3. SOCIAL ACTIVITIES

- Having or going to parties
- Spending time with friends
- Participating in team or group activities
- Having or going to sleepovers

FAMILY MEMBERSHIP

4. FAMILY FUN

- Participating in celebrations
- Visiting relatives
- Participating in vacations and holidays

5. KITCHEN

- Helping cook
- Washing or drying dishes
- Using a dishwasher
- Putting dishes away
- Helping with grocery shopping
- Putting groceries away
- Sorting recyclables
- Taking out the trash

6. BEDROOM

- Making your bed
- Picking up and putting away belongings
- Cleaning your room

7. OUTSIDE

- Doing yard work
- Bringing in firewood
- Washing the car
- Caring for your bike

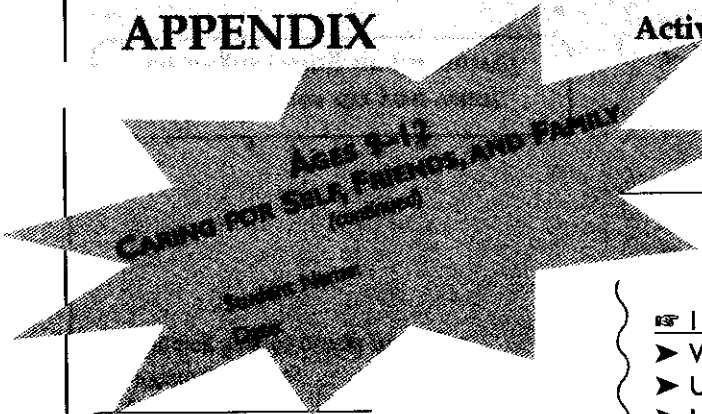
8. MISCELLANEOUS

- Taking care of siblings
- Taking care of a pet
- Getting the mail
- Running errands
- Helping with laundry
- Dusting, sweeping, and vacuuming
- Helping with household projects, such as painting and washing windows

Which ones do you want to begin doing or do more?

APPENDIX

Activity-Based Assessment Inventory for Ages 9–12—continued



Teachers: Ask students these questions for each activity: How do you do this? When? Where? Is this something you want to change? Feel free to check, circle, or underline. Make notes everywhere!

PERSONAL CARE

9. MORNING AND BEDTIME

- Using an alarm clock
- Dressing and undressing
- Choosing clothes
- Taking medicine

10. BATHROOM AND GROOMING

- Washing face and hands
- Brushing teeth and flossing
- Blowing nose
- Taking baths or showers
- Washing and drying hair
- Applying deodorant
- Using good menstrual hygiene
- Using toilets in private and public bathrooms

Which ones do you want to begin doing or do more?

11. PERSONAL STUFF

- Wearing glasses or contacts
- Using hearing aids
- Using braces
- Using a wheelchair
- Using communication devices

12. PERSONAL SAFETY

- Being home alone safely
- Following survival signs
- Responding to emergencies

PERSONAL MANAGEMENT

13. SCHEDULES AND APPOINTMENTS

- Keeping or following a calendar, schedule, or routine
- Going to the dentist, doctor, or nurse
- Getting a haircut
- Remembering birthdays
- Sending greetings to friends and family
- Setting personal goals and meeting them

14. ACCESSING AND USING RESOURCES

- Using a public library
- Using public transportation
- Finding and using "people" resources
- Accessing and using online computer resources
- Using a map
- Investigating and developing new leisure activities

15. MONEY

- Budgeting an allowance and savings
- Managing a bank account

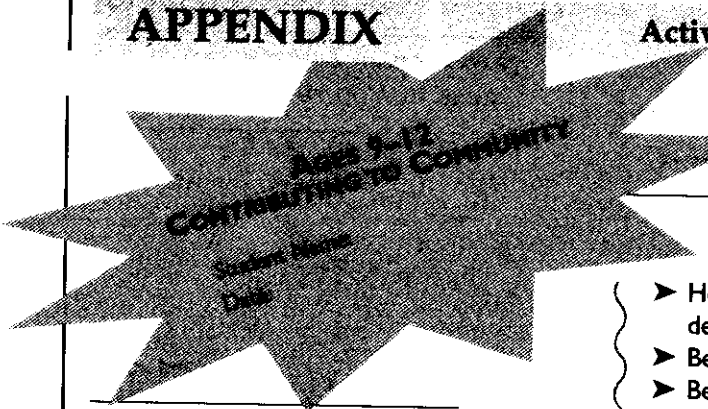
16. MEALTIME

- Using utensils, a napkin, cup, glass, and straw
- Planning or ordering from a menu
- Paying for a meal
- Making own snacks or packing lunches

17. LEISURE

- Developing or planning activities
- Developing hobbies

Which ones do you want to begin doing or do more?



Teachers: Ask students these questions for each activity: How do you do this? When? Where? Is this something you want to change? Feel free to check, circle, or underline. Make notes everywhere!

SCHOOL MEMBERSHIP AND COMMITMENTS

1. SCHOOL

- Following arrival and departure routines
- Getting to and from school
- Following cafeteria and snack bar routines (e.g., waiting in line, choosing and carrying items, paying for meals, selecting seats, and recycling trash)
- Delivering school-home communications
- Doing homework
- Responding to emergency drills

2. SCHOOL JOBS AND CHORES

- Getting and passing out supplies
- Putting chairs up and down
- Caring for classroom pets
- Watering plants
- Erasing chalkboards
- Running classroom errands

Which ones do you want to begin doing or do more?

- Helping in the cafeteria, library, office, or P.E. department
- Being on the litter patrol
- Being a custodial assistant
- Helping with school recycling
- Being a hall or room monitor
- Working in the school store
- Working on the school newspaper

3. SCHOOL PARTICIPATION

- Participating in or chairing a committee or club
- Participating in or organizing a school event or meeting

COMMUNITY MEMBERSHIP AND COMMITMENTS

4. GROUP MEMBERSHIP

- Attending scout or 4H club meetings
- Attending church or temple services and events

5. VOLUNTEERING

- For neighborhood beautification projects
- For park or beach cleanups
- For canned food or clothing drives
- To visit nursing homes, hospitals, or schools
- To help with church events
- To work in the public library

JOBS AND CAREER

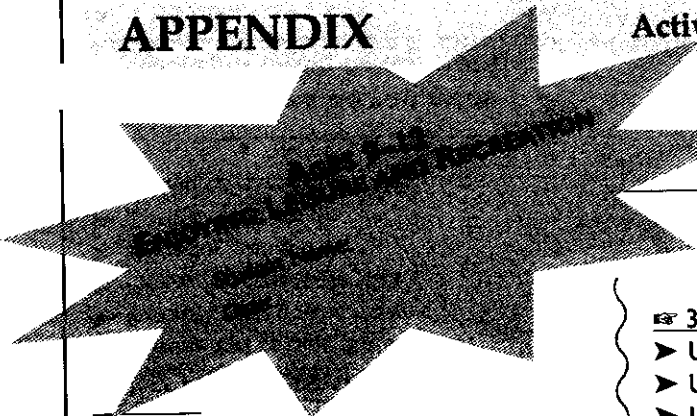
6. AFTER SCHOOL AND VACATION JOBS

- Paper route
- Baby-sitting
- Caring for a neighbor's pet
- Doing yard work, shoveling snow, or stacking firewood
- Working in the family business
- Picking fruits and vegetables

Which ones do you want to begin doing or do more?

APPENDIX

Activity-Based Assessment Inventory for Ages 9–12—continued



Teachers: Ask students these questions for each activity: How do you do this? When? Where? Is this something you want to change? Feel free to check, circle, or underline. Make notes everywhere!

MEDIA

1. READING

- Books
- Newspapers
- Magazines

2. LISTENING AND SPEAKING

- Using a cassette or CD player
- Listening to stories
- Listening to books on tape
- Listening to the radio
- Using a telephone, answering machine, or pager

Which ones do you want to begin doing or do more?

3. WATCHING AND INTERACTING

- Using a TV or VCR
- Using a movie or slide projector
- Using a computer
- Using software, the Internet, CD-ROM, or e-mail

EXERCISE AND FITNESS

4. OUTDOOR RECREATION

- Climbing trees
- Using parks and playgrounds
- Riding a bike or scooter
- Jogging
- Golfing or miniature golf
- Skating
- Swimming or diving
- Hiking or climbing
- Camping
- Fishing or hunting
- Boating or rafting
- Skiing
- Horseback riding
- Playing Frisbee or catch

5. INDOOR RECREATION

- Aerobics
- Dance
- Yoga
- Weight lifting
- Martial arts
- Using exercise equipment or machines
- Jumping rope
- Wrestling
- Bowling

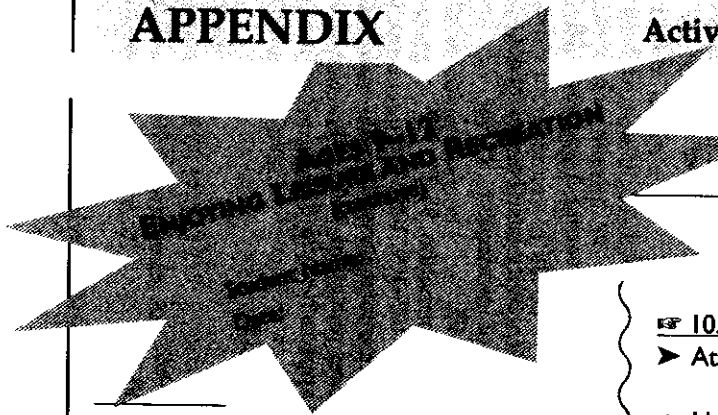
6. TEAM OR GROUP GAMES AND SPORTS

- Track and field
- Ball games (e.g., basketball, baseball, volleyball, and football)
- Racquet games (e.g., tennis, Ping-Pong, and badminton)

Which ones do you want to begin doing or do more?

APPENDIX

Activity-Based Assessment Inventory for Ages 9–12—continued



Teachers: Ask students these questions for each activity: How do you do this? When? Where? Is this something you want to change? Feel free to check, circle, or underline. Make notes everywhere!

EVENTS

ES 7. COMMUNITY

- Attending or participating in fairs
- Attending festivals, exhibits, and museums
- Attending and participating in community events for kids and families

ES 8. ENTERTAINMENT

- Attending movies
- Attending events such as car rallies, pet shows, races, and air shows
- Visiting the zoo, planetarium, and aquarium

ES 9. CULTURAL

- Attending art shows and museums
- Attending or participating in cultural performances such as concerts, plays, and dances

Which ones do you want to begin doing or do more?

ES 10. SPORTS

- Attending or participating in sports events

ES 11. TRAVEL

- Summer camps

GAMES, CRAFTS, AND HOBBIES

ES 12. PLAYING GAMES

- Board games
- Video and computer games
- Toys (e.g., Lego's or dolls)

ES 13. CREATING ART

- Drawing and painting
- Calligraphy
- Ceramics
- Woodwork or metalwork
- Jewelry making
- Stained glass
- Origami

ES 14. CREATING NEEDLECRAFTS

- Sewing
- Knitting
- Weaving
- Crocheting
- Leatherwork

ES 15. COLLECTING

- Coins
- Stamps
- Stickers
- Rocks
- Trading cards

ES 16. PHOTOGRAPHY

- Using a camera
- Putting photos in an album

ES 17. CONSTRUCTING OR PLAYING WITH

- Models
- Kites
- Puzzles

ES 18. MUSIC

- Singing
- Playing an instrument

ES 19. SCIENCE

ES 20. LANGUAGES

Which ones do you want to begin doing or do more?